

Alpha Tau Chapter 43 Area 9

Organized April 15, 1933

Kaufman County, Texas

Texas State Organization

The Delta Kappa Gamma Society International

**Happy  
New Year!**

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*from our President*

## To Make a Resolution...or Not!

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Have you ever made a New Year's Resolution? I have for many years. The last few years, I decided it was useless. When I made one, it wasn't long before I forgot about it.

I Googled some information about New Year's Resolutions that were interesting to me. It may change my mind!

The first I saw was "10 Unusual New Year's Resolutions", realbuzz.com, <https://www.realbuzz.com>.

*Get your photo taken in five interesting places*

*Learn a decent party trick*

*Break a record*

*Make a new friend a month*

*Develop a good relationship with your body*

*Learn something you never learned as a child*

*Try a new food each week*

*Make the unusual usual...vowing to do one small thing differently each day or week*

*Sort out a financial worry*

*Do something nice for others every day*

**Top 10 Most Common New Year's Resolutions** (and how to follow through on them), <https://www.goskills.com>

*Exercise more*

*Lose weight*

*Get organized*

*Learn a new skill or hobby*

*Live life to the fullest*

*Save more money/spend less money*

*Quit smoking*

*Spend more time with family and friends*

*Travel more*

*Read more*

*(Continue on page 2)*

### Calendar

January 7, 2023  
Executive Board  
Meeting, 9:30,  
Alfredo's Forney

January 10, 2023  
Fit for the Future

February 7, 2023  
Crafting

March 2023 Outing

April 11, 2023  
90 Years! Birthday  
Bash!

May 9, 2023  
Travel Tips

#### Meetings

2nd Tuesdays  
Sign-in & visit 5:00  
Meeting begins 5:30  
Kaufman County Library  
Community Room  
3790 S. Houston Street  
Kaufman, TX 75142



**Mission Statement:** The Delta Kappa Gamma Society International promotes professional and personal growth of women educators and excellence in education.  
**Vision Statement:** Leading Women Educators, Impacting Education Worldwide

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(Continued from page 1) **To Make a Resolution...or Not!**

**New Year’s Resolutions: When Did They Start?** Merriam Webster <https://www.merriam-webster.com>

*A 1671 entry from the diaries of Anne Kalkett, a writer and member of the Scottish gentry, contains a number of pledges, typically taken from biblical verses such as “I will not offend any more”.*

**What is the most popular New Year’s resolution for 2022?** United States: New Year’s resolution for 2022, <https://www.statista.com>

*About 23 percent of Americans wanted to start 2022 by living healthier, which was the most popular New Year’s resolution. In addition, personal improvement or happiness was the year’s resolution for 21 percent of Americans.*

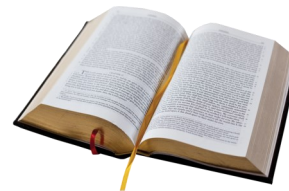
**8 Alternatives to New Year’s Resolutions – Mommy Nearest** <https://www.mommynearest.com>

- Make a 2022 bucket list (that would be 2023)*
- Create a monthly challenge*
- Try gratitude exercises*
- Put goals in a jar*
- Practice mindfulness*
- Make realistic lists*
- Use a vision board*
- Have a word or mantra of the week/month/year*



**9 New Year’s Resolutions from the Bible, Alpha Omega Publications,** <https://www.aop.com>

- Teach with intelligence... (2 Timothy 2:23-24)*
- Pray for guidance...(James 1:5)*
- Forgive those who have hurt you...(Colossians 3:13)*
- Take care of yourself...(1 Corinthians 19:20)*
- Love others*
- Be a role model...(Titus 2:7)*
- Don’t be discouraged by failures (Joshua 1:9)*
- Value your friendships (Ecclesiastes 4:9-11)*
- Help those in need (Matthew 25:34-40)*



Hope you enjoyed the resolution information! Maybe this will help you choose and keep your resolutions. I saw some that I would like to make my own. **Happy New Year!!**

Cathy

**Happy New Year!**

**January Meeting**

January 10, 2023  
5:00 p.m.

**Kaufman County Library**

**Hostesses: Green Team:** \*Karrie Pharris, Bettye Penny, Jo Lynn Maddin, Nancy Shaw, Virginia Fineout, Cathy Stewart (Aydee Reyna, Mollie Kasper)

**Fit for the Future** with Flisha Stewart

**January Birthdays**

4 Aydee Reyna

17 Linda Quattlebaum

24 Judy Jedlicka



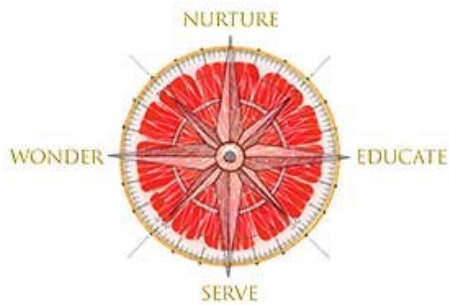
# Christmas Gathering 2022



Alpha Tau Sisters met at The Local Café in Forney December 3rd for the annual Christmas Gathering Brunch. The Local Café is part of Forney High School run by the Culinary Arts department students and staff. Sisters enjoyed New Orleans coffee, Belgian waffles accompanied by fresh fruit and fresh cream, made-to-order omelets, turkey breast with gravy, pan fried potatoes chunks with peppers and onions, and some of the best bread twists with garlic & plain butter. A veritable feast of flavors.

The Local Café is open to the public Tuesdays, Wednesdays and Thursdays during school time. Breakfast is 7-9:30 a.m. and lunch is 11:30-1. The menu before the holidays was New Orleans themed with crawfish etouffee, chicken & sausage gumbo, dirty rice and a few more items. The new menu will be available after the holidays. Check the Forney ISD website for listings.





**94th TSO  
Convention 2023  
June 14-17, 2023  
McAllen, Texas**

**Please Remember  
in Your Prayers**



✝ Please remember **Alberta Smith** and her family in your prayers. Her son, Ronny Rinks, was killed in a work accident on December 2. ✝

Please keep Ann McDonald in your prayers as she recovers from surgery.

✝ Please remember Libby Conant who passed away December 7th. She was a 50-year member of Theta Theta and chapter treasurer for 40 years. Libby was also an artist and would donate items to ASTEF auctions. ✝

*Please remember all our sisters in prayer. Those listed above have been mailed a card from Alpha Tau chapter.*

# TSO Information

Ladies,

Please help the **Nominations Committee** by getting your chapters' treasurers to apply for the Finance Committee! I also need SEVERAL applications for the Nominations Committee. This is an IMPORTANT committee and a very rewarding one to a part of electing the TSO leaders for the next biennium!!! I have really enjoyed chairing this committee and being a part of seeing the elected positions become our leaders of tomorrow!!!!

Thank you, Navigators,

You have served your President well.

Kerry James

Texas State Nominations Chair

**State Elected Officials App** is due 1/1/23 to Kerry James and the outline is found here: <https://www.dkgtxas.org/nominations-committee.html> This one is for Pres, VPs, Secretaries, Finance Com & Nom Com members

- State Personnel Apps are due 2/1/23 to me and the app is found at the links you shared. This one is for AC & Committee Chairs.

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## 2nd TSO Virtual Meeting February 7, 2023

We hope you will consider joining us!

Registration Link: <https://forms.gle/ViZueVPbpaEshLeaA>

Registration Closes: February 3

*More information about this is in the attachment to these Tales' email.*



**Alpha Tau Meeting Minutes 11/8/2022**

The regular meeting of the Alpha Tau Chapter was called to order by President Cathy Stewart at 5:00 pm at the Spellman Museum in Forney. Jane West led the Pledge of Allegiance and the Texas Pledge. A total of 23 members (including our new member) [85.7%] and 13 guests were present.

President Cathy Stewart thanked the hostess committee: Jane West, Judy Jedlicka, Vivian Themer, Jana Garner, Judy Barton, Alberta Smith, Janice Dowlearn, and Marnie Cushing.

Marnie Cushing shared the inspiration. She discussed the recent tragedies in Crandall, mentioning her grief for the families & friends of the victims, and even for the person who struck the young man. "All are suffering. It is difficult to understand why these things happen, except that we live in a broken and sorrowful world, EXCEPT that we put our faith in God. Thanksgiving is coming, and we will gather with our families. Use this as a reminder to love on your people, and not take a single moment for granted."

Door prize recipient: JoLynn Maddin

**Teacher Grant** recipients were presented.

Marnie Cushing introduced Kylene Forbing, a Criminal Justice teacher at Crandall High School.

Aydee Reyna introduced Digna Connell and Monica San-Martin Duran, both 1<sup>st</sup> grade teachers at Criswell Elementary in Forney.

Mollie Kasper introduced Darci Steiner, a speech teacher and Lindsey Baumgartner, and 2<sup>nd</sup> grade teacher, both at Phillips Elementary in Kaufman.

Bettye Penny introduced Scurry-Rosser High School teachers Katie Hartzel (Math) and Brianna McCarty (Science).

Aydee Reyna led the **new member induction** of Peggy Johnson. Sondra Perry, Vivian Yancey, and Cathy Stewart participated in the induction.

Karrie Pharris shared the **Christmas brunch information**. The brunch will be held at 10:00 on 12/3/2022 at *The Local Cafe*, a restaurant run by the culinary arts program at Forney High School. The cost is \$16 per person. RSVP by 11/18/2022.

Karrie Pharris introduced program The Door Pregnancy Center. Members drove to The Door (13340 FM 740, Forney) where Vonnie Salguero, director of the Center, and Shelly Hunt explained the Center's mission and gave members a tour of the facilities.

The meeting was adjourned at 6:55 pm.

Respectfully Submitted by Mollie Kasper (Acting secretary in absence of Rachel Calvery)

*N.B. The business meeting section was suspended until January.*

*Please read & study these minutes prior to the next meeting in order to accept with or without changes quickly.*

**Alpha Tau Meeting Agenda****January 10, 2023**

5:00 Doors Open--Socialize--Light Meal and Mixer

5:30 Meeting Called to Order: President Cathy Stewart

Thank You to Hostess Committee: Green Team: Karrie Pharris, Bettye Penny, JoLynn Maddin, Nancy Shaw, Virginia Fineout, Cathy Stewart (Aydee Rayna & Mollie Kasper)

Pledges: Greeter:

Inspiration:

**Program:** Fit for the Future—Flisha Stewart

Board Reports:

First Vice President: Karrie Pharris

Community Service—The Door

February Meeting—Member craft

March—Outing

Second Vice President: Aydee Reyna

Present Membership Awards

Corresponding Secretary: Suzy McCook

**Kaufman County Library***Let the Journey Begin*

Secretary: Rachel Calvery

Treasurer: Jerri Coates

Money on hand \_\_\_\_\_

Old Business:

New Business: Cathy Stewart

Fundraiser

April Meeting—90th Birthday Bash

Raffle

6:30 Meeting Adjourned: The Delta Kappa Gamma Song

Archives Goal: By May 2023, the archives committee will inventory Alpha Tau's current archives, create a list of items on hand and determine an appropriate storage plan for all items.

Membership Goal: The percentage of members in attendance will increase; members will celebrate and be celebrated and members will be encouraged to attend Alpha Tau activities.

Projects—The Door Pregnancy Center



# Alpha Tau Programs 2022-2023

Date	Program	Hostess Committee
✓ 9/10/2022	Area Workshop Wylie, TX	
✓ 10/11/2022	<b>New Teacher Grants, Bettye Penny</b>  <i>Location - Crandall Community Room</i>	<b><u>Red Team:</u></b>  *Ann McDonald, Vivian Yancey, Sondra Perry, Joan Moore, Laura Buie, Jerri Coates, Suzy McCook  (Rachel Calvery)
✓ 11/8/2022	<b>“The Door” Pregnancy Center, Vonnie Salguero</b>  <i>Location - Spellman Museum, Forney</i>	<b><u>Gold Team:</u></b>  *Jane West, Judy Jedlicka, Vivian Themer, Jana Garner, Judy Barton, Alberta Smith, Janice Dowlearn  (Marnie Cushing)
✓ December 3, 2022	<b>Christmas Brunch</b>	The Local Café, Forney HS, Forney 10 a.m.
1/10/2023	<b>Fit for the Future - Flisha Stewart</b>	<b><u>Green Team:</u></b>  *Karrie Pharris, Bettye Penny, Jo Lynn Maddin, Nancy Shaw, Virginia Fineout, Cathy Stewart  (Aydee Reyna, Mollie Kasper)
*February 7, 2023	<b>Member Craft/Presentation</b>	<b><u>Red Team</u></b>
March	Outing - TBD	
4/11/2023	<b>90th Birthday Bash</b> Alpha Tau is 90 years Old!! <i>Officers</i>	<b><u>GoldTeam</u></b>
5/9/2023	<b>Summer Somethings</b> Travel Agent, Traveling Tips	<b><u>Green Team</u></b>